

90 DAY PLAN CHECKLIST



CHOOSE & COMMIT TO 12 THINGS FROM THE LIST

MINDSET

- meditate daily for atleast 10 minutes
- write a silver linings journal
- learn a language
- learn to juggle
- master wim hof breathing
- exercise: move your body every day
- write a love letter to the part of your body you've been neglecting the most
- write a poem
- read a book about someone you admire

MARKETING

- call your top 20 clients
- record 20 FAQ videos
- make a 'personal' video (your story)
- random acts of kindness campaign with vouchers
- joint venture with complimentary businesses
- map your customer journey
- set up a client advisory board
- be interviewed on a podcast

MANAGEMENT

- review and rewrite all your business processes
- upskill your key management weakness
- review every single expense for 2019
- get clarity on your 5 key brand values
- read LEGACY by James Kerr
- make a recruitment video and onboarding videos